

MENU 1	LUNCH	TEA
Monday	Cottage pie, Vegetarian Shephardess Pie carrots and peas. <i>Apple crumble & custard</i>	Tomato soup and cheese scones. <i>Fruit</i>
Tuesday	Tuna pasta bake. Vegetarian Pasta with Roasted Vegetables <i>Fruit</i>	Cheese and carrot wraps, vegetable sticks and dip.
Wednesday	Chicken curry and rice, Vegetarian Vegetarian Madras poppadoms and raita. <i>Summer fruit fool</i>	Jacket potato and baked beans.
Thursday	Pork stroganoff, Vegetarian Mushroom Stroganoff potatoes and cabbage. <i>Banana bread</i>	Carrot soup and homemade bread. <i>Fruit</i>
Friday	Vegetable casserole and dumplings. <i>Chocolate brownies</i>	Sandwiches, vegetable sticks and dips. <i>Fruit</i>

MENU 2	LUNCH	TEA
Monday	Chilli con carne (beef) with rice. Vegetarian Chilli con Carne <i>Lemon drizzle cake</i>	Spanish omelette with beans. <i>Fruit</i>
Tuesday	Lamb casserole, Vegetarian Vegetarian Casserole roast potatoes and green beans. <i>Bread and butter pudding</i>	Cauliflower soup and cheese straws.
Wednesday	Homemade fish cake with parsley and mixed vegetables. Vegetarian Ratatouille <i>Flapjack</i>	Ham and cream cheese or egg mayo sandwiches, vegetable sticks and dips.
Thursday	Ham, leek and cheese pie and broccoli. Vegetarian Cheesy Vegetable Pie <i>Fresh fruit</i>	Chicken goujons and spaghetti hoops. <i>Chocolate Orange Mousse</i>
Friday	Pasta with tomato & pepper sauce <i>Sweet potato cake</i>	Homemade pizza. <i>Fruit</i>

MENU 3	LUNCH	TEA
Monday	Fish pie and peas. Vegetarian: Vegetarian Sausages and Mash <i>Fruit</i>	Homemade sausage rolls. <i>Banoffee pie</i>
Tuesday	Creamy paprika chicken Vegetarian : Creamy Paprika Mushrooms with steamed potatoes and broccoli. <i>Chocolate and pear crumble and custard</i>	Vegetable fritatte and potato salad. <i>Fruit</i>
Wednesday	Lamb tagine and rice. Vegetarian : Vegetable Tagine <i>Fruit</i>	Tuna or cheese pickle sandwich. <i>Eccles cakes</i>
Thursday	Meatloaf (Beef), Vegetarian : Nut Roast roast potatoes, carrots, braised red cabbage and gravy. <i>Banana cake</i>	Leek and potato soup with homemade bread. <i>Fruit</i>
Friday	Sweet pepper quiche, pasta and salad. <i>Fruit</i>	Fish goujons and beans. <i>Coconut rice pudding</i>

MENU 4	LUNCH	TEA
Monday	Pasta with chicken and chorizo. Vegetarian Pasta with Roasted Vegetables <i>Chelsea Bun</i>	Cheese and ham quesadilla, vegetable sticks and dips. <i>Fruit</i>
Tuesday	Beef curry and rice. Vegetarian Vegetarian curry <i>Fruit Salad</i>	Jacket potato with tuna mayo. <i>Shortbread</i>
Wednesday	Sausage casserole Vegetarian Vegetarian Sausage with mash potatoes, braised red cabbage and carrots. <i>Apple Cake and Custard</i>	Sweet potato soup with homemade bread.
Thursday	Moussaka. Vegetarian Vegetarian Moussaka <i>Yoghurt</i>	Pasta salad. <i>Fruit scones</i>
Friday	Fish, Chips and Peas. <i>Jam Tarts</i>	Spanish omelette and coleslaw.